

Crusader Cheerleading 2018-2019

Open to girls in grades 2, 3, 4, 5, 6, 7, and 8.

Don't miss out on a chance to join your friends in supporting our school!

Registration deadline is April 30th.



Details: Crusader Cheerleading is open to all girls who attend St. Columbkille School or are parishioners at St. Columbkille Church. Cheer camp will be held in July. Practices begin in August. Season runs from July through March.

Fees for 2018

Shell- \$17 plus tackle twill \$15= \$32

White Liner - \$14

Skirt - \$16

Briefs - \$5

Youth Poms Blue -\$14

Spirit Shirt - FREE

Bows - \$9

St. Columbkille Athletic Fee - \$35

COACHES NEEDED! We welcome parent coaches and parent volunteers. Having several coaches for every team helps players develop by the individual attention they get. Parent volunteers can also help the team in a number of ways. If you can help, please indicate your interest on the registration form.

If you have questions, please send an e-mail to the Cheer Commissioner, Kristen Ewing at kmewing1212@gmail.com.

CRUSADER CHEERLEADING 2018-2019

Fees: \$35 (not including uniform)

Player's Name: _____ Grade (Fall 2018) _____

Address: _____ School: _____

PARENTS: I would like to help (circle one): 2nd 3rd 4th 5th 6th 7th 8th

Parent Name: _____ E-mail Address: _____

Home Telephone: _____ Work Telephone: _____

***SAFE ENVIRONMENT Y/N (MANDATORY TO COACH)**

Release and Waiver: I/We the parents or legal guardians of the player named above, a participant in the St. Columbkille Cheerleading program, hereby give my/our permission for the player to participate in any and all St. Columbkille Cheerleading activities and events. I understand that athletics and sports are activities which can cause serious injury, for which I am voluntarily giving my child permission to participate in. I/We on behalf of us and the player, assume all risks and hazards incidental to the player's participation, including the risk of injury and/or death, occurring as a result of participation, observation and transportation to and from Cheerleading activities. I/We, on behalf of ourselves and the player, hereby agree to indemnify and hold harmless, St. Columbkille, their organizers, sponsors, employees, all practice field providers, administrators, volunteers, coaches, referees, assistants, or anyone transporting the player to and from Cheerleading activities, and anyone preparing any playing field from any and all claims for negligent, willful, wanton, unintentional, accidental, or intentional acts or omissions which may occur at any time during the Cheerleading season, practices, games, or transportation. Notwithstanding the above stated language and without the wavier of any defense of immunity, under the statute or common law from any protected person, the execution of this release/waiver and hold harmless agreement, limits the signer and participating child's right to recovery only to any applicable insurance policy of St. Columbkille or its insurance representatives. I/We hereby certify that sufficient accident and liability insurance covers the player and that I/we will maintain such coverage in force at my/our expense while he/she participates in the St. Columbkille Cheerleading Program. I/we further certify that our child is covered by Medical Insurance which will remain in-force throughout the season, and that the child is medically and physically able to safely participate and compete in athletics. Hold Harmless and Indemnity Agreement: The Cheerleading Participant and/or Family agrees to defend, protect, indemnify, and hold harmless St. Columbkille Parish and Athletics (and parish staff and volunteers) from all claims arising from the negligence or fault of the above named Cheerleading Participant and/or Family or any of their agents, family members, officers, volunteers, helpers, partners, organizational members or associates which arise out of the above named Cheerleading and/or Athletics at St. Columbkille. Additionally, the above named Cheerleading Participant and/or Family agrees to protect, defend, hold harmless, and fully St. Columbkille Parish and Athletics for any claims or cause of action whatsoever arising out of Cheerleading and/or Athletics which takes place during Cheerleading and/or Athletics that is brought against St. Columbkille Parish and/or Athletics by the above named Cheerleading Participant and/or family or their family members whether such claim arises from the alleged negligence of St. Columbkille Parish and/or Athletics, its employees or agents, or Cheerleading Participant and/or family's negligence. If any portion of this agreement is held invalid, it is agreed that the balance thereof, shall continue in full legal force and effect.

Date: _____ Parent/Legal Guardian Signature: _____

St. Columbkille Parent/Guardian Code of Ethics

- I hereby pledge to provide positive support, care & encouragement for my child participating in youth sports by following this Code of Ethics. I understand that the Athletic Program at St. Columbkille Parish is part of the parish's effort to form disciples of Jesus.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, & officials at every game, practice or other youth sports events.
- I will place the emotional & physical well-being of my child ahead of any personal desire to win.
- I will insist that my child play in a safe environment.
- I will provide support for coaches & officials working with my child to provide a positive, enjoyable experience for all. •
- I will demand a drug, alcohol & tobacco-free sports environment for my child & agree to assist by refraining from its use at all youth sports events.
- I will remember that the game is for children & not for adults.
- I will do my best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans, & officials with respect regardless of race, sex, creed or ability.
- I will promise to help my child enjoy the youth sports experience within my personal constraint by assisting with coaches, being a respectful fan, providing transportation or whatever I am capable of doing.
- I will assist as needed by volunteering to work at athletic functions (i.e. concessions, admissions table, time clock, score book, & any other athletic event needs).
- I will ensure my child's commitment to the team by coordinating his/her attendance & timeliness at all practices & games.
- I will refrain from using abusive language, & from contradicting or belittling coaches, officials, players, or other teams.
- I will not use social media to express negative comments or opinions about coaches, players or others participating in the Athletic Program.

Your signature below indicates that you have read the above Parent/Guardian Code of Ethics & agree to abide by its contents.

Date: _____ Parent/Legal Guardian Signature: _____

Date: _____ Parent/Legal Guardian Signature: _____

St. Columbkille Athletics Player Commitment

I understand that playing sports for St. Columbkille is a privilege & an honor. I also understand that the parish is forming me as a disciple of Jesus Christ and my actions should reflect the actions of a disciple. Therefore, I promise to conduct myself in accordance with the following:

- I will do my best to learn the fundamental skills & strategies of my sport.
- I will become familiar with the rules of my sport & make a sincere effort to learn the finer points of the sport & strategies.
- I will, to the best of my ability, maintain appropriate academic & behavioral expectations.
- I will play for St. Columbkille as my primary team, unless I have received the express permission of my coach prior to the beginning of the season.
- I will attend all practices & games, unless I have given my coach reasonable notice of my planned absence.
- I will treat each player, opposing coach, official, parent & administrator with respect & dignity.
- I will conduct myself in all contests in a manner that will bring honor to my team & my parish.
- I will uphold the authority of officials who are assigned to the contest in which I play and I will assist them in every way to conduct fair & impartial competitive contests.
- I will refrain from making derogatory comments about my teammates or opposing players verbally or in social media sites.
- I will recognize the value & contribution of each team member & recognize the importance of being a contributor to the team
- I will keep the importance of winning or losing in perspective.
- I will act to encourage my teammates through positive comments & actions.
- I will respect the property and gym of St. Columbkille and each opposing team. I will do nothing to harm or destroy that property.
- I will do my very best to pay attention at games and practices, give my very best effort in games and practices, and try to prepare myself to the best of my ability.
- I will regularly pray for my teammates and those from other teams.

With my signature, which I voluntarily affix to this agreement, I acknowledge that I have read, understood, & will do my best to fulfill the promises made herein.

_____ Sport _____ Signature of Player

**St. Columbkille Athletics Nebraska Catholic Conference
Verification of Receipt of Concussion and Brain Injury Information**

The undersigned hereby acknowledge and attest that St. Columbkille Athletics, which has organized an athletic activity in which the youth athlete identified below intends to participate, has provided them with concussion and brain-injury information (e.g., the sheet so titled) The undersigned further acknowledge and attest to their understanding that the information they have been provided pertains to requirements of state law – the Nebraska Concussion Awareness Act – and includes information about the signs and symptoms of a concussion; the risks posed by sustaining a concussion; the actions a student athlete should take in response to sustaining a concussion, including notification of his or her coach or coaches; and the conditions prescribed by law for returning to participation in athletic activities involving physical exertion.

Signature of Youth Athlete
(If age-appropriate; otherwise, the parent/guardian
is also signing on behalf of the student athlete)

Youth Athlete's Name Printed

Date

Signature of Parent or Guardian

Parent's or Guardian's Name Printed

Date